



Adhdandyou.ca

Teacher Discussion Guide

Student's name:

Date:

When you meet with your child's teachers, it's best to be as prepared as possible. The questions below may be helpful for you as you talk with the teachers. Write any notes from your meeting below the questions. You may want to make a copy for the teacher, so that you both have the same goals in mind for your child.

How can we help my child stay organized with homework and get assignments completed on time?

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Are assignments too big for my child? Would it be possible to break them down into smaller, more manageable steps?

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How can I offer positive reinforcement for improved behaviour in the classroom?

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Could the school counsellor/psychologist provide support in addition to what you're doing in the classroom?

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Is there extra work you'd suggest I do with my child after school or on weekends to improve his or her progress and skills?

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Do you think a change in seating would help my child stay focused?

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Are you seeing progress in my child's attention and behaviour?

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Would you be willing to fill out symptom checklists, to help monitor progress, on a daily or weekly basis?

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Are there areas/times of day that my child's progress seems to fluctuate?

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Additional questions you may have for your child's teacher:

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